

IYENGAR YOGA WITH JENNY FURBY



Yoga in Andover and Hurstbourne Tarrant All abilities welcome. Friendly/fun classes

Tuesday – On-line - Recuperative/Pranayama Class 6-7pm

Wednesday – Hurstbourne Tarrant C.C.- General ability – 9.15-10.45 am

Wednesday – The Gilliat Hall, Andover – Beginners/Refreshers – 5.15-6.15pm

Wednesday – The Gilliat Hall, Andover – General/Intermediate – 6.30-8pm

Thursday – The Gilliat Hall, Andover – Slower pace/General – 9.30-11am

Friday – The Gilliat Hall, Andover – General/Intermediate – 9-10.30am

Beginners welcome to any class!

Classes held in Andover are also accessible on-line.

20 years of teaching yoga. For more details go to:

www.andoveryoga.co.uk

Email: jenny@andoveryoga.co.uk Call: 07734 046234

Private tuition available for small groups and one to one

