



**A social and support group for people in the Parish
of Hurstbourne Tarrant**

2nd Monday of the Month

10.30am – 12.00pm

At Hurstbourne Tarrant Community Centre

***£2 for as much coffee, tea and cake as you would like!
Book & jigsaw exchange.***

Everyone is welcome – just turn up at 10.30am!

Meeting Dates - 2024

Monday, 8 th January	(No meeting in August)
Monday, 12 th February	Monday, 9 th September
Monday, 11 th March	Monday, 14 th October
Monday, 8 th April	Monday, 11 th November
Monday, 13 th May	Monday, 9 th December
Monday, 10 th June	(12pm – Festive Buffet Lunch)
Monday, 8 th July	

The idea of the Swifts group is:

- **Social** - organising informal get togethers
- **Welfare** - watching out for people who may need help
- **Independence** - encouraging a network of local support
- **Fun/Friendship** - that's what the group is about
- **Together** - a community initiative
- **Services** - signposting services and agencies